



GOLDEN AGERS

Celebrating Seniors, Enjoying Life & Laughter



VOLUME 9, ISSUE 41

OCTOBER 10, 2025

Let's Celebrate Pasta!

Pasta's origins are ancient. Contrary to popular belief however, Marco Polo did not discover pasta in Asia & bring it to Italy. It was eaten as early as 1279 a.d. Early Romans used a very simple flour & water dough. *Pasta* is the Italian word for dough.

Thomas Jefferson introduced pasta to the Americas after first tasting it in Naples, Italy. He was the American Ambassador to France at the time. In 1789, he brought the first pasta machine, along with crates of macaroni, back to the U.S. Pasta became common in the U.S. in the late 19th century with the surge in Italian immigration.

Fresh pasta is not necessarily better than dried pasta, it's just that it's *made* differently & it *tastes* different. Dry pastas are made with just wheat and water. Fresh pastas add egg to the dough.

If you have never made your own pasta, you should try it! It's fun & yummy! My dad used to make it quite often. Hint: you'll need a long table when making the spaghetti noodles.

Now for the Important Stuff...

The Week of October 12-18 is:

- Apple Butter Week
- National Wildlife Refuge Week
- Women's Motorcycle Week
- Drink Local Wine Week
- National Chestnut Week
- National Food Bank Week

Some celebrations only last a day:

12th-Clergy Appreciation Day

Drink Local Wine Day
Fossil Day
Father-Daughter Day
National Farmer's Day
National Savings Day

13th-Columbus Day

National Chess Day
National Kick Butt Day
National No Bra Day
Silly Sayings Day

14th-National Real Sugar Day

Spider Man Day

15th-Global Handwashing Day

Hagfish Day
International Day of Rural Women
I Love Lucy Day
National Fossil Day
National Grouch Day
National Cheese Curd Day

16th-Dictionary Day

Global Cat Day
National Boss's Day
World Food Day

17th-Mulligan Day

National Pasta Day

Wear Something Day

18th-International Legging Day

International Necktie Day

Raw Milk Cheese Day

Meatloaf Appreciation Day

Chocolate Cupcake Day

Whole Hog Barbeque Day

Have a great week & call me if you need a ride to church.

Serving Him & Loving it!

Carol 🥰

803-359-2470 or 803-360-7137

Luke 7:23 ~ "Blessed are those who are not offended by me."



Dad making homemade spaghetti noodles

THINGS THAT MADE ME LAUGH THIS WEEK

- I read a study claiming that humans eat more bananas than monkeys. That sounded a bit obvious to me. I mean, I can't remember the last time I ate a monkey.
- When I was a kid, we bought a dog from a blacksmith. As soon as we got home, he made a bolt for the door.
- I'm going to quit my job and travel the world until I run out of money. I'll be home around 9 pm this evening.
- When your girlfriend comes home in a white suit, covered in bee stings, and smelling like honey, you know she's a keeper.
- If you see a burglary at an Apple store, you become an iWitness.
- What does a house wear? Address
- What's red & smells like blue paint? Red paint.
- How do you know when a chicken is evil? It lays deviled eggs.
- I was bored, so I decided to take up fencing. My neighbors are demanding that I put it back.
- Which U.S. state is known for its small soft drinks? Minnesota.
- What did one Dorito farmer say to the other? "Cool Ranch!"
- I told my friend she drew on her eyebrows too high. She seemed surprised.
- Do mascara & lipstick ever argue? Sure, but then they makeup.
- Where do wasps like to get lunch? At a bee-stro.
- If you feel like someone is watching you, you're not alone.