



GOLDEN AGERS

Celebrating Seniors, Enjoying Life & Laughter



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MAY 5, 2023

It's Buttermilk Biscuit Day!

I was named after my Great Grandma, Eula Mae Foster Carroll. (Luckily my parents chose the “Carol” part & not the “Eula Mae” part). Everybody called her “Mama Carroll” which is what my sweet grandbabies call me.

Mama Carroll had multiple talents. She played the piano, made beautiful clothes—including most of the wedding and formal gowns worn by the young ladies in town, ran the family general store and was a FABULOUS cook! Many a hand was swatted with a wooden spoon for reaching into the fried okra bowl, or trying to be the first to grab a friend apple pie before they were cool.

She was a fun kind of crazy (perhaps I got that from her as well). I went to church with her when I was 22 and was introduced to her Sunday School class as her “old maid school teacher great granddaughter”. They marry young in Alabama. Ugh!

On that trip I asked her to teach me how to make homemade biscuits. Like most of the women in my family, she had no formal written recipe, so I had to learn by observation. Eula Mae pulled open her flour drawer and made

a well with her hand. She added an egg, a pinch of salt & some milk. When I asked how much milk I should add she said, “about a mouthful.” Thus ended the lesson. I never did learn to make her biscuits, but Dad did and that was good enough for me.

Ok, now on to the important stuff!

Week of May 8-14 is:

- National Nurses Week
- Toad Suck Daze
- Be Kind to Animals Week
- Drink More Water Week
- Flexible Work Arrangement Week
- Correctional Officer's Week
- National Family Week
- National Hug Holiday Week
- National Etiquette Week
- Craft Brewers Week

Some celebrations only last a day:

- 8th-** National Golf Day
- No Socks Day
- Student Nurse Day
- National Have a Coke Day
- Coconut Cream Pie Day
- 9th-** Alphabet Magnet Day
- Home Front Heroes Day
- National Teacher Day
- National Moscato Day

9th- National Sleepover Day
Butterscotch Brownie Day
Lost Sock Memorial Day

10th- Clean Your Room Day
Hostess Cupcake Day
National Hamster Day
Night Shift Workers Day
National Shrimp Day
School Nurse Day

11th- Eat What You Want Day
Twilight Zone Day

12th- Childcare Provider Day
International Nurses Day
Limerick Day
National Nutty Fudge Day
Military Spouse Day

13th- Crouton Day
National Frog Jumping Day
Hummus Day
National Train Day
National Fruit Cocktail Day
National Apple Pie Day
National Archery Day
Miniature Golf Day
Windmill Day
Stay Up All Night
World Belly Dance Day

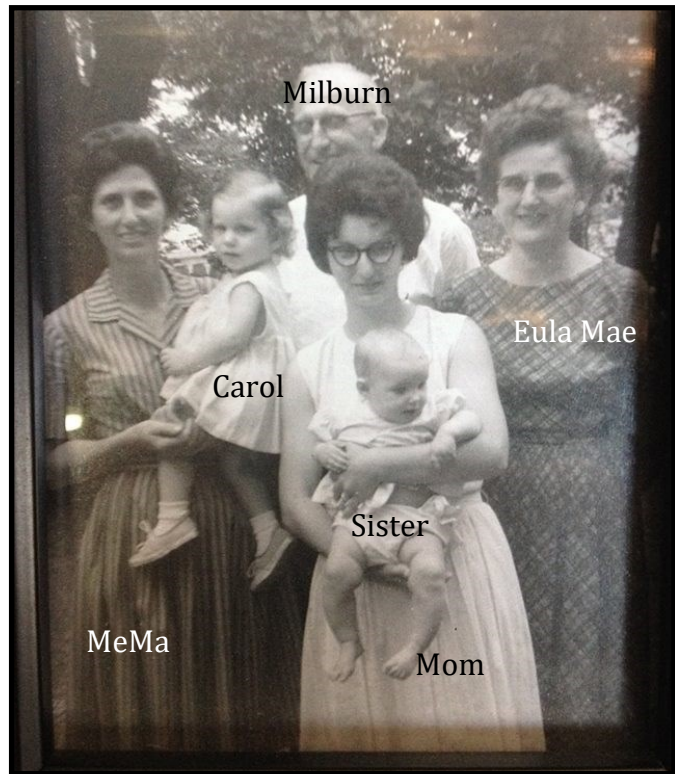
14th- National Chicken Dance Day
Stars & Stripes Forever Day
Buttermilk Biscuit Day

Have a great week & call me if you need a ride to church!

Serving Him & Loving it!

Carol 🕶️

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Funny Mothers' Day Quotes/Cards

- Mom, I'm sorry for all the times I didn't take the chicken out of the freezer. I get it now.
- Why don't kids understand that their nap is not for them, but for us?
- Nothing is really lost until Mom can't find it.
- It's not easy being a mother. If it were easy, fathers would do it.
- Motherhood: It takes patience, humor, and a lot of wet towelettes.
- I don't want to sleep like a baby. I want to sleep like my husband.
- The quickest way for a parent to get a child's attention is to sit down & look comfortable.
- Silence is golden. Unless you have kids. Then silence is just suspicious.
- If you aren't yelling at your kids, you're not spending enough time with them.
- I want my children to have all the things I couldn't afford. Then I want to move in with them.