



Golden Agers Rock!

CELEBRATING SENIORS MAKING THE BEST OF THE REST OF THEIR LIVES

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Life Doesn't Always Go As Planned

So sorry I missed last week! Hubby and I have been home with the dreaded "Rona". We went to see our kids in Nashville for Thanksgiving and came back with "The Vid". Luckily it hasn't been as bad as advertised...just lots of coughing, body aches, sore throats and LOTS of naps! I did get a couple of things done last week, but your packets were not one of them. PLEASE FORGIVE ME!

Now on to "important" stuff...

The 2nd week of December is:

- Hand Washing Week (really? still?)
- Recipe Greetings Week

The 3rd week of December is:

- Gluten-Free Baking Week
- Christmas Bird Count Week
- Cookie Exchange Week

Some fun only lasts a day:

- 6th-** Mitten Tree Day
St. Nicholas Day
- 7th-** National Cotton Candy Day
- 8th-** National Day of the Lord
Toilet Paper Appreciation Day
Pretend to be a Time Traveler Day
- 9th-** Weary Willie Day

10th- Dewey Decimal Day

- Jane Addams Day
- Nobel Prize Day

11th- Kaleidoscope Day

- Magnum P.I. Day
- Official Lost & Found Day

12th- Day of the Horse

- Gingerbread House Day
- 12-Hour Fresh Breath Day
- Ding-a-Ling Day
- National Cocoa Day
- Poinsettia Day

13th- Candle Lighting Day

- World Choral Day

14th- Green Monday

- Monkey Day
- Yoga Day

15th- Cat Herders Day

- International Tea Day
- National Cupcake Day
- Wear Your Pearls Day

16th- Chocolate-Covered

- Anything Day

17th- Christmas Carol Day

- Clean Air Day
- National Re-Gifting Day

18th- Give a Wine Club Day

- Ugly Christmas Sweater Day
- Underdog Day
- Answer the Phone Like Buddy
the Elf Day**

We're celebrating National Cupcake Day this week. First described in 1796, when a recipe for a "light cake to bake in small cups" was written in American Cookery by Amelia Simmons, the earliest documentation of the term itself was in "Seventy-five Receipts for Pastry, Cakes, and Sweetmeats" in 1828 in Eliza Leslie's cookbook. A few fun facts:

- In the 1700s, cupcakes were originally referred to as number cakes.
- The first recipe was invented in 1776.
- The second recipe was invented in 1871.
- In 1919, Hostess introduced its very first snack cake (a.k.a. The Hostess Cupcake).
- Chocolate or vanilla frosting was added in the 1920s.
- During the 1940s they were available with malted icing.
- In 1947, they were re-designed and got the look they have today.
- NYC's Magnolia Bakery gained tons of publicity by having their cupcakes appear on HBO's Sex & the City.
- Most cupcakes consumed in one sitting is 29 cupcakes in 30 seconds.
- They were banned at schools in NYC to decrease obesity rates.

- In 2011, Georgetown Cupcakes sold an average of 3000-5000 cupcakes per day.
- Sprinkles Cupcakes open the world's first cupcake-only bakery in 2005.
- Sprinkles donated over 2.2 million cupcakes from 2005-2011.

Have a great week & call if you need anything!

Serving Him & Loving it!

Carol 😊

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