



GOLDEN AGERS



Celebrating Seniors, Enjoying Life & Laughter

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Chewing & Spitting? Yuck!

This week there is something called ***Through the Chew Week***. I had never heard of this, so I did a little snooping. It's a national, week-long event that is dedicated to stopping the use of smokeless tobacco. Round up some friends & play the ***Chew Juice Challenge*** to see if you can avoid getting tricked by Big Tobacco!

Big Tobacco can be pretty convincing. That's because they have maybe a billion lawyers and others helping bamboozle people about the real harm. So, this fun game reminds folks not to fall for the lies. You'll need:

- 2 cups for each participant
- 1 gallon of tea
- 4 tablespoons of salt

1. Fill all cups 1/2 full of tea. Add 2 Tbl. Salt to two of the cups (represents the chew spit). Make sure players don't see which cups get the salt.
2. Play a group fact-or-fiction game about tobacco—everyone takes turns answering the questions.
3. If your answer is wrong, pick a cup & take a drink. Keep the game going for multiple rounds using remaining cups. The goal is to be the last one standing and not having to drink any "chew"!

Sounds disgusting to me, but perhaps a great game for young folks considering using chewing tobacco.

Now onto important stuff!

The Week of February 18-24 is:

- Great Backyard Bird Count Week
- Texas Cowboy Poetry Gathering
- Future Farmers of America Week
- National Sauna Week
- Bird Health Awareness Week
- National Engineers Week
- Date (the Fruit) Week
- Through With the Chew Week

Some celebrations only last a day:

18th-Battery Day

- Cow Milked in Airplane Day
- Global Drink Wine Day
- Crab-Stuffed Flounder Day

19th-Best Friends Day

- National Chocolate Mint Day
- Arabian Horse Day
- National Lashes Day
- Iwo Jima (Landing) Day
- Skate Shop Day

20th-National Comfy Day

- Travel Africa Day
- National Leadership Day
- Hoodie Hoo Day
- National Muffin Day
- National Cherry Pie Day

Weekly Giggles

21st-Hockey Stick Salute Day
National Grain Free Day
World Kombucha Day
National Sticky Bun Day
22nd-Bus Driver Appreciation Day
Digital Learning Day
Great American Spit Out
National Margarita Day
Supermarket Employee Day
National Wildlife Day
Woolworth's Day
Tex Avery Day
Cook a Sweet Potato Day
23rd-National Dog Biscuit Day
National Tile Day
Skip the Straw Day
Tootsie Roll Day
National Banana Bread Day
24th-National Dance Day
National Tortilla Chip Day
World Bartender Day
Sword Swallowers Day

Have a great week & call me if you need a ride to church.

Serving Him & Loving it!

Carol 🕶️

803-360-7137 or 803-359-2470

- Geology rocks but geography is where it's at.
- My alone time is sometimes for your safety.
- The worst part about parallel parking is the witnesses.
- Drinking rum before noon makes you a pirate, not an alcoholic. Drink up, me hearties, yo ho!
- Website: we use cookies to improve our performance. Me: Same.
- If you boil a funny bone, it becomes a laughing stock...that's humerus.
- Sometimes I can't tell if I'm just in a bad mood or if everyone around me is being annoying.
- That awkward moment when you spell a word so wrong that even auto correct is like, "I got nothing, man."
- Dear Fairy Godmother: Thank you could bippity-boppity-boo me back to 17 years old and that awesome body I thought was fat? THANKS!

