

GOLDEN AGERS



Celebrating Seniors, Enjoying Life & Laughter

VOLUME 7. ISSUE 15

APRIL 14, 2023

The More You Know...

Since the 1970s, people have celebrated 420 Day. Why 420, though? Many myths circulate about how 420 came to mean cannabis or smoking marijuana. Most of them are untrue or unverifiable. However, as related in *Time* magazine, one tells the story of five teenagers from San Rafael High School in Marian County, California. In 1971, they would meet at 4:20 pm, and eventually, 420 became their code for marijuana. One of the five, Dave Reddix, worked as a roadie for the Grateful Dead and further popularized the term. In 1991, High Times magazine printed a flier initially handed out by a group of Deadheads in Oakland, California. The flyer was an invitation to a 420 event to smoke marijuana. The event was held on April 20, 1990, at 4:20 pm.

Groups have been pushing for the legalization of marijuana since 1969. If passed, Cannabis would become the largest cash crop in the United States.

Ok, now on to the important stuff!

Week of April 17-23 is:

- -Cleaning for a Reason Week
- -International Mariachi Week
- -National Volunteer Week
- -Worldwide Week of Prayer

Some celebrations only last a day:

17th-Blah! Blah! Blah! Day
Haiku Poetry Day
National Crawfish Day
Nothing Like a Dame Day
Ford Mustang Day
National Cheeseball day

18th-Piñata Day Nabisco Animal Cracker Day World Amateur Radio Day

19th-Banana Day
National Garlic Day
National Poker Day
Bicycle Day
National Amaretto Day
National Hanging Out Day

20th-Chinese Language Day
Volunteer Recognition Day
High Five Day
Pineapple Upside-down Cake Day
National Cheddar Fries Day
National Lima Bean Respect Day
National Look Alike Day
420 Day
National Weed Day
National Pop Smokers Day

21st-International Hemp Day
Kindergarten Day
Chocolate-Covered Cashews Day
Surprise Drug Test Day
Clean Out Medicine Cabinet Day

22nd-Beagle Day
National Baseball Day
National Dance Day
National Record Store Day
National Jelly Bean Day
"In God We Trust" Day

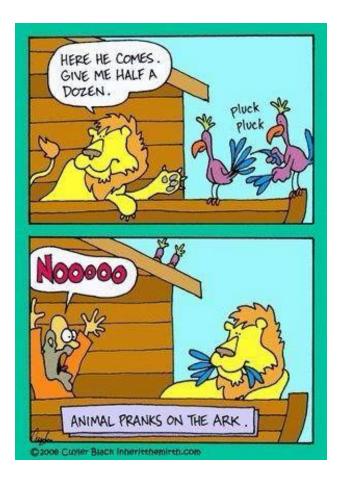
23rd-English Language Day
English Muffin Day
Cherry Cheesecake Day
Movie Theatre Day
Spanish Language Day
National Picnic Day
Talk Like Shakespeare Day

Have a great week & call me if you need a ride to church!

Serving Him & Loving it!



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WEEKLY GIGGLES

- I wish I could sleep, but my A.D.D. kicks in & well basically, one sheep, two sheep, cow, turtle, duck, Old McDonald had a farm...Heey Macarena!!
- If showing up in a robe & a tiara with a box of wine is wrong, then maybe I don't fully understand how Casual Friday actually works.
- You know what's funny? Paintings of Adam & Eve where they both have belly buttons. Think about that, take as much time as you need.
- That awkward moment when you spell a word so wrong that even autocorrect is like, "I got nothing, man..."
- I could never work at a lighthouse. There is a 100% chance I'd get fired for making the bat signal.
- Someday I'll start behaving myself.
 Maybe tomorrow.
- Common Sense is now an endangered species. Stupidity has taken over the world and unfortunately there is no known cure.
- I dream of a world where chickens can cross the road without having their motives questioned.
- What doesn't kill you gives you a lot of unhealthy coping mechanisms and a sick sense of humor.
- Once you lick the frosting off a cupcake it becomes a muffin and muffins are healthy. You're welcome!