



GOLDEN AGERS



Celebrating Seniors, Enjoying Life & Laughter

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Who's Your Favorite Chef

This week is Chef Appreciation Week. I actually know several professional Chefs and I appreciate all of them!

Yummie Creations' Chef/Owner is Alicia Yarborough. Alicia is a great friend & a fabulous chef. Her shop is in the Flight Deck shopping center. She serves a wonderful lunch Monday thru Friday & has a choice of two dinners Monday thru Thursday nights. Order by 2 pm & it's ready for pick up between 4:30-6—you pick the time. One entrée usually feeds me for two meals. Quite a deal and it's always yummy! (pun intended) Alicia got her nickname "Yummie" in college while she was cooking for friends. She also has great tailgating treats & specialty items for Thanksgiving, Christmas & Easter.

Mediterranean Café's Chef/Owner is our dear friend, Azmi Jebali. He has a garden on Old Cherokee so his food is Farm to Table. His steaks are absolutely the best in Lexington! The Greek Salad with beef tips is my personal favorite, but his nightly specials are always great as well. All of our kids have worked there at some point & Elizabeth was even the Chef there years ago. If you go, check out the kitchen. You might find Troy Crapps at the grill. They're on Main Street.

Chef Barry does an incredible job here at the church when we have big meals. He prepared lunch for our Golden Agers last Sunday & it was incredible! Don't miss the next one—Stewardship Dinner on October 29th @ 6 pm.

My favorite Chef has *got* to be my hubby. With my busy church schedule on Sundays & during the week, I don't always get home in time to cook dinner. Not to worry. My sweet husband is quite the chef and for that I am extremely grateful.

Now onto important stuff!

The week of September 18-24 is:

- Ballroom Dancing Week
- Chef Appreciation Week
- Farm Animal Awareness Week
- Constitution Week
- International Clean Hands Week
- Construction Appreciation Week
- Indoor Plant Week
- Great American Beer Festival

Some celebrations only last a day:

- 18th**-National Cheeseburger Day
- National Ceiling Fan Day
- National Respect Day
- Read An eBook Day
- World Bamboo Day

19th-Butterscotch Pudding Day
 Talk Like a Pirate Day
20th-Constitution Day
 Cloud Appreciation Day
 National Fried Rice Day
 Pepperoni Pizza Day
 National String Cheese Day
21st-Batman Day
 International Day of Peace
 Eat An Apple Day
 Locate An Old Friend Day
 National Clean Up Day
 National Dance Day
 National Gymnastics Day
 Play-Doh Day
 National Pecan Cookie Day
22nd-Car Free Day
 Dear Diary Day
 Elephant Appreciation Day
 Happy Daughters Day
 Hobbit Day
 Ice Cream Cone Day
 Girls' Night Out
 States & Capitals Day
 Walk 'n' Roll Dog Day
 National White Chocolate Day
 National Proposal Day
23rd-Family Day
 Great American Pot Pie Day
 National Snack Stick Day
 National Hunting & Fishing Day
24th-Professional Baseball Day
 Punctuation Day
 National Cherries Jubilee Day

Have a great week & call me if you need a ride to church!

Serving Him & Loving it!

Carol

803-360-7137 or 803-359-2470

Weekly Giggles

Southern "Medical" Dictionary:

Artery: The study of paintings
Bacteria: Back door to cafeteria
Barium: What doctors do when patients die.
Benign: What you be, after you be eight.
Caesarean Section: A neighborhood in Rome.
Cat Scan: Searching for Kitty.
Cauterize: Made eye contact with her.
Colic: A sheep dog.
Coma: A punctuation mark.
Dilate: To live long.
Enema: Not a friend.
Fester: Quicker than someone else.
Fibula: A small lie.
Impotent: Distinguished, well known.
Labor Pain: Getting hurt at work.
Medical Staff: A Doctor's cane.
Morbid: A higher offer.
Nitrates: Rates of pay for working at night, normally more money than working during the day.
Node: I knew it.
Outpatient: A person who has fainted.
Pelvis: Second cousin to Elvis.
Post Operative: A letter carrier.
Recovery Room: A place to do upholstery work.
Rectum: Nearly killed him.
Secretion: Hiding something
Seizure: Roman Emperor
Tablet: A small table
Terminal Illness: sick at the airport
Tumor: One plus one more.
Urine: Opposite of you're out.