



# GOLDEN AGERS

Celebrating Seniors Enjoying Life & Laughter



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## National Goof Off Day is Coming!!

Wow! This one sounds like fun! So, are we supposed to “goof off” or is this the day to act like a “goof off”? I know they sound the same but I think there is a subtle difference, besides the fact that one is a noun and one is a verb and that at this moment, my high school English teacher is rolling in his grave realizing that I do, indeed, know the difference. Just hear me out.

If I’m going to “goof off” for the day I have a world of different possibilities. I might spend my day binge-watching old movies and eating bon-bons (which I have **never** done, but which I always told hubby I was doing when he would call from work, knowing full well that I was home with 7 preschoolers & say, “hey, whatcha doing?”)

Goofing off to me these days means doing anything remotely fun since there is always work to be done. Going to thrift stores, browsing antique malls & going to vintage markets would be a **great** day of goofing off for me!

But what about the noun version? Yes, I could do that as well. I have been known to entertain my kids in a store

by doing make-believe commercials for items on the shelves or reading the menu at a restaurant with a fun accent. It’s harder (not impossible) to be a goof off when you’re alone, but you never know who might join in on the fun.

I know a few creative ways to be a goof off (I’ve had a lot of practice). Here are some of them (some I have tried, some I have not—you have to guess which):

- Carry on a conversation with a mannequin in a department store (extra credit for doing both voices)*
- Hold up a blouse and ask a random stranger if they like this color on you.*
- Make up a creative dance using the scarves at Target.*
- In your best Julia Childs voice, tell others in the grocery store how to roast a hen.*
- March, don’t walk, down the aisles at the grocery. Make sure you do snappy turns at the corners.*
- Randomly burst into song. This is especially fun in the grocery store. Sing the jingles while holding the products.*

*-Rearrange the wooden letters in Hobby Lobby to spell a phrase like "Call Your Mutha".*

*-Pretend to be a tour guide (any place will work) and tell folks about made up events that "happened" there.*

*-Wear a crown to work and act normal. If someone asks, say, "what crown?" Better yet, wear a crown to the dentist's office when you're going there to get a crown. Tell them you don't need one because you already have one.*

*-Dress in formal attire & go to the Dollar Tree. Complain about the prices.*

*-Speak only in rhyming phrases all day.*

*-Dress like a character from your favorite book. Act & speak like that character all day. Extra points if there's an accent involved.*

*-Gather friends, dress in formal wear & go to your favorite pizza place.*

**Ok, now on to the important stuff!**

**Week of March 20th-27th is:**

-American Chocolate Week

-Folktales & Fables Week

-Act Happy Week

-International Teach Music Week

-National Fix a Leak Week

-National Fragrance Week

-Shakespeare Week

**Some celebrations only last a day:**

**20th**-Alien Abduction Day

French Language Day

Day of Happiness

World Frog Day

Won't You Be My Neighbor Day

World Storytelling Day

National Ravioli Day

**21st**-Gallo Wine Day

Common Courtesy Day

National Fragrance Day

Healthy Fats Day

Single Parent Day

World Poetry Day

World Puppetry Day

National French Bread Day

**22nd**-39 & Holding Day

Balloon Animal Day

Bavarian Crepes Day

International Day of the Seal

**National Goof-Off Day**

Talk Like William Shatner Day

**23rd**-National Puppy Day

National Chip & Dip Day

National Melba Toast Day

National Tamale Day

**24th**-Chocolate Covered Raisins Day

National Cheesesteak Day

National Cocktail Day

**25th**-Be Mad Day

Pecan Day

Tolkien Reading Day

Waffle Day

Lobster Newburg Day

Walk in the Sand Day

**26th**-Live Long & Prosper Day

Make Up Your Own Holiday Day

National Purple Day

National Spinach Day

National Nougat Day

Have a great week & call me if you need anything!

**Serving Him & Loving it!**

*Carol* 😎

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